

## ACTIVE

### DAY 1 SETTLING IN

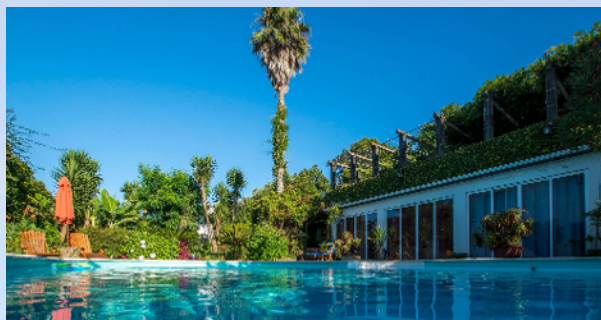
- ▶ Arrive (red-eye from U.S.)
- ▶ Settle into the quinta
  - option to join orchard tour
- ▶ Santa Bárbara Beach for lunch at Tuká Tulá
- ▶ Hike Praia da Viola
- ▶ Santa Iria for sunset
- ▶ Dinner at Associação Agrícola

### DAY OPTION 1 EXPLORE THE WEST

- ▶ Hike the Vigia de S. Pedro trail
- ▶ Lunch in Capelas or Santo António
- ▶ Viewpoints in Sete Cidades
- ▶ Mountain bike around the lake (ask us how to book)
- ▶ Dinner and sunset in Mosteiros

### DAY OPTION 2 EXPLORE FURNAS VOLCANO

- Morning yoga with Rimi
- Pico do Ferro hike + picnic lunch (Held on Wednesdays)
- Meditative walk through geysers and town & hotspring soak



## FAMILY

### DAY 1 SETTLING IN

- ▶ Arrive (red-eye from the U.S.)
- ▶ Settle into the quinta
  - option to join orchard tour
- ▶ Santa Bárbara Beach for lunch at Tuká Tulá
- ▶ Visit beaches of Porto Formoso
- ▶ Santa Iria for sunset
- ▶ Dinner at Associação Agrícola

### DAY OPTION 1 EXPLORE THE WEST

- ▶ Swim in the Poços das Capelas (seasonal)
- ▶ Lunch
- ▶ Sete Cidades self-guided tour
- ▶ Mosteiros for sunset

### DAY OPTION 2 EXPLORE FURNAS VOLCANO

- Morning yoga with Rimi
- Town of Furnas walking trail or drive (Held on Mondays)
- Meditative walk through geysers and town & hotspring soak



➤ Denotes host-led experience



**DAY OPTION 3 ON WATER AND LAND**

- ▶ Swim with dolphins (ask us how to book)
- ▶ Lunch in PDL - walk around city
- ▶ Afternoon Janela do Inferno hike
- ▶ Evening in Caloura / Vila Franca

**DAY OPTION 4 TASTE THE VOLCANO**

- ▶ Morning walk or bike ride around the neighborhood or nearby Santana beach
- Cozido hike + evening picnic (held on Mondays)
- Caldeira Velha hotsprings

**DAY OPTION 4 EXPLORE THE EAST**

- ▶ Canyoning (ask us how to book)
- ▶ Short version hike: Hike Pico da Vara
- ▶ Viewpoints in Nordeste
- Dinner at **quinta minuvida** (held on Fridays)

**RAINY DAY OPTIONS CAVES + MUSEUMS + HOTSPRINGS**

- ▶ Gruta do Carvão + Arruda Pineapple Plantation + Museums in PDL
- ▶ Liqueur factory + Museums in Ribeira Grande
- ▶ Hotsprings in Ribeira Grande + Tea Factory tours in Porto Formoso
- ▶ Hotsprings in Furnas + pottery factory tour in Lagoa

**DAY OPTION 3 ON WATER AND LAND**

- ▶ Swim with dolphins (ask us how to book)
- ▶ Lunch in PDL
- ▶ Visit the pineapple plantation and town of Vila Franca and take boat to islet for swimming (seasonal)

**DAY OPTION 4 TASTE THE VOLCANO**

- ▶ Morning walk or bike to the nearby chocolate café or Santana beach
- Drive to Lagoa do Fogo and then join the cozido picnic (held on Mondays)
- Caldeira Velha Hotsprings

**DAY OPTION 5 EXPLORE THE EAST**

- ▶ Drive to Ribeira dos Caldeirões and visit viewpoints along the coast
- ▶ Head to town of Nordeste for lunch
- ▶ Return by Povoação and Furnas
- Dinner at **quinta minuvida** (held on Fridays)

➤ Denotes host-led experience

**FIND ALL THESE ATTRACTIONS IN OUR INTERACTIVE MAP, WHICH INCLUDES DRIVING DIRECTIONS**

