

MINUVIDA YOGA SPACES

The Studio



The studio at **minuvida retreat center** features fragrant Japanese Cedar floors from locally grown trees and can accommodate 14 comfortably. The 40 sq meter (400 ft.) space is equipped with props and equipment, including WiFi.



The Banana Plantation

The **minuvida** banana plantation is the perfect outdoor space. A circular, secluded spot under the banana trees, perfect for ceremony, meditation, or to ground with nature and the present moment.

The Lawn



Just outside the main studio or by the pool, the lawns at **minuvida retreat center** can accommodate larger groups. You can practice barefoot on the soft grass or use our outdoor yoga mats. Simply enjoy being in direct contact with the earth and yourself.

The Terrace



The Wisteria Terrace offers views over the north shore of the island and over the pool. If you want to practice with scenic views, this is the perfect spot and can accommodate up to 14 students.

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